

# LaVietnamita®

Welcome = Hoan Nghênh

## TASTING MENUS

  
**MEAT  
LOVERS**

**16,90€**  
per  
person

  
**VEGAN  
-ESE**

includes 5 starters



includes 5 starters



### GOI CUONS

Fresh Prawn Rolls with  
Rice Noodles

### NEM RANS

**GA KHO**  
Caramelized  
Chicken Wings

### EDAMAMES

**GOI XOAI**  
Mango Salad

All  
**Starters**  
are coming



### SUMMER ROLLS

Fresh Rolls with Mango  
and Vegetables

### EDAMAMES

**GOI XOAI**  
Mango Salad

### BBQ CAULIFLOWERS

**YUCCA**  
"Cassava" Fries

and a main dish



and a main dish

### WEEKLY CURRY

Chicken  
or Prawns (+1,50€)

### BUN NOODLE BOWL

Beef, Chicken  
or Nem Ran

### PHO SOUP

Beef Strips,  
Shredded Beef  
or Chicken Strips

Select your  
**Protein**

### VEGAN CURRY

Tofu or  
Heura Strips (+1,50€)

### BUN NOODLE BOWL

Tofu or  
Heura Strips (+1,50€)

### COCO GALANGAL

Fried Tofu Balls





# THIS IS HOW WE ROLL

WE LOVE  
HEALTHY  
FOOD

## SUMMER ROLLS

6,50€

Light rice paper rolls with thai basil, lettuce, daikon, mango, cucumber and avocado. Served with Soy Sauce and Sesame

## NEM RANS

6,50€

Fried Beef Rolls with rice paper. Served with Sweet Chilli Sauce



Wrap your Nems in lettuce  
Dip and enjoy them like a true Vietnamese

## GOI CUONS

6,50€


Traditional vietnamese rice paper rolls filled with fresh vegetables, thai basil and thin rice noodles. Served with a Hoisin Peanut Sauce


## VIETNAMESE SUSHI


7,50€

Fresh Salmon Rolls with rice paper, mango, carrots, daikon and coconut rice. Served with a Sesame Vinaigrette

Choose your Protein:

 Beef Marinated in Citronella

 Prawns

 Tofu Bio

YUM YUM  
ROLLS

20 Rolls  
Selected  
by the Kitchen

15€  
total

# STARTERS

## EDAMAMES

4,50€

Green Soy Sprouts served with a homemade sauce

## BBQ CAULIFLOWERS

6,50€

Cauliflower served with barbecue sauce

## MUC CHIEN GION

6,50€

Fried Squids with asian herbs, ginger and mayonnaise

## YUCCA "CASSAVA" FRIES

4,50€

Served with a Sweet Chilli Sauce

## GA KHO

6,50€

Caramelized Chicken Wings with onion, chilli and sesame

## GOI XOAI

7,50€

Green Mango Salad with carrots, cucumber, cashew nuts and coriander vinaigrette

## CEVICHE VIETNAM

9,50€


Fresh Salmon Ceviche with avocado marinated in coconut water, dill, lime, ginger and chilli

Choose your Protein:

 Chicken

 Prawns (+0,50€)

 Tofu Bio

 Heura (+0,50€)

## VIETNAM GYOZAS **NEW!**

8,50€

Pork or Edamame dumplings  
grilled with ginger, soy and rice vinaigrette.  
Served with marinated carrots and daikon

## SATAY SKEWERS

7,50€

Skewers marinated in lactose-free yogurt and turmeric. Served with a Satay Sauce


## DUMPLING SOUP **NEW!**

6,95€

Beef soup served with Pork dumplings

Choose your Protein:

 Chicken Strips

 Heura Strips

STARTERS  
TASTING MENU

5 Starters  
Selected by  
the Kitchen

15€  
total



Check our Allergen Statement  
at the end of this Menu

We cannot not guarantee  
cross contamination.  
10% surcharge for terrace



# MAIN DISHES

## PHO SOUP

10,95€

Traditional Vietnamese beef soup with cinnamon, star anise and spices, served with tagliatelle rice, bean sprouts, lime, chilli, coriander and basil

Choose your Protein:



**CLASSIC PHO**  
with beef strips



**PHO HO CHI MINH** (Slow Cooked)  
with shredded beef



**PHO GA**  
with chicken strips



## BUN NOODLE BOWL

10,95€

Warm traditional dish with thin rice noodles, mint, coriander, cucumber, peanuts and vegetables.

Choose your Protein:



**Lemongrass Beef**



**Smoked Bio Tofu**



**Chicken Satay Skewers**  
with Peanut Sauce



**Nem Rans** with Sweet  
Chilli Sauce



**Heura Satay Skewers**  
with Peanut Sauce  
(+1,50€)

**+ More Nems?**  
Extra nem cutted on top:  
(+2,50€)

## WEEKLY CURRY WITH CHICKEN

10,95€

Classic curry with rice, vegetables and peanuts. Curry sauce varies every week to improve flavors and spiciness levels. Ask your waiter!



**Chicken**

## WEEKLY PRAWN CURRY

13,00€

Weekly curry served with seasonal vegetables, rice, peanuts and prawns.



**Prawns**

## BUN BAO BURGER

10,95€

Our asian burger with Bao Bread, lime, mango, daikon, lettuce, lemongrass mayonnaise, served with Yucca "Cassava" Fries



**Pulled Pork**

## Desserts

### CHE CHUOI

5,90€

Typical Vietnamese dessert with tapioca pearls, coconut milk, bananas and served with berries

### VEGAN PANNACOTTA

5,45€

Passion Fruit Pannacotta with coconut milk and mango syrup

### CHOCOLATE COULANT

6,55€

Served with passion fruit ice cream

### VIETNAMESE VANILLA COFFEE

6,50€

Vietnamese coffee served with a traditional coffee pot on vanilla ice cream and condensed milk

### ICE CREAM

4,50€

## WEEKLY VEGAN CURRY

10,95€

Same curry with vegan sauce, rice, vegetables and peanuts



**Tofu**



**Heura Strips** (+1,50€)

## COCO GALANGAL

10,95€

Tofu balls served in Galangal Coconut and Lime Sauce, served with rice and broccoli



**Fried Tofu Balls**

## VEGAN BAO BURGER

11,50€

Bao Burger with Heura strips marinated in oyster vegan sauce with mango and marinade, served with Yucca Cassava Fries



**Heura Strips**



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# LEMONADES

## MINT CHAN

Our most famous lemonade with fresh lime, cane sugar and mint

3,50€

## RED DETOX

Apple, ginger and lemon juice

3,95€

## GREEN DETOX

Cucumber, ginger and lemon juice

3,95€

## ICED TEA LA VIETNAMITA

Green Tea served cold with lemonade

3,50€

## YELLOW BERRY

Turmeric, lemon juice and red berries

3,95€

## FRESH PASSION FRUIT

Served with passion fruit and lemon juice

3,95€

## COCO MANGO SHAKE

3,95€

## COCO MATCHA SHAKE

3,95€

# COFFEE

## ESPRESSO

1,75€

## MACCHIATO

1,90€

## COFFEE WITH MILK

2,20€

## HOT VIETNAMESE COFFEE

3,50€

## ICED VIETNAMESE COFFEE

with condensed milk

3,50€

## AMERICANO

3,50€

## MATCHA LATTE (CHÀ NHI)

3,60€

# HOT INFUSIONS

## FRESH MINT

2,95€

## LEMONGRASS & LEMON

3,50€

## GINGER, LEMON & HONEY

3,50€

## TURMERIC, GINGER & LEMON

3,50€

# WATER & Non Alcohol

## WATER | SPARKLING WATER

2,50€

## COCA COLA | TONIC

2,55€

## GINGER BEER | GINGER ALE

3,20€

## KOMBUCHA BIO

3,90€

Choose between **Rosemary** or **Elderberry**





# COCKTAILS

**LYCHEE MOJITO** ★ 6,95€

**PASSION FRUIT MOJITO** 6,95€

**MANGO CAIPIRINHA** 8,50€

**OUR  
VIETNAMESE  
SANGRÍA**

with ginger, lime,  
orange and apple



**GLASS**  
4,95€

**JUG**  
12,90€

**BASIL SMASH** 8,50€

with basil, lime and gin

**MISSY'S LAND** 8,50€

mixed with passion fruit, lime, mint, ginger beer  
and vodka, rum or gin

**MANGO RUM CRUSHY** 8,50€

with mango, coconut milk and rum

**APEROL SPRITZ** 6,50€

**MOSCOW MULE** 8,50€

with ginger beer, lime, cucumber and vodka

# WINES

**MONTSANT** ○ ● **GLASS**  
White and Red Wine from Catalunya. Dry 3,50€

**MARMELLANS** ○ ● **BOTTLE**  
White and Red Wine from Catalunya. Fruity 15,00€

**AFORTUNADO** ○ **BOTTLE**  
White Wine from Rueda. Verdejo. Dry 17,00€

**JUAN GIL** ● **BOTTLE**  
Red Wine from Jumilla.  
Monastrell. Fruity 17,50€

# Beers

**DRAFT BEER** 2,50€

**CLARA** 2,60€  
With lemon juice

**0,0% ALCOHOL** 2,80€

**GLUTEN FREE** 2,80€

**SAIGON** 3,50€  
Pilsner Lager from Vietnam

**TIGER** 3,50€  
Pilsner Lager from Singapore

**BARCINO** 4,20€  
Indian Pale Ale from Raval, Bcn

**Lucky**  
Mondays



**Every Monday:** we let luck decide the price of your cocktail.

If when you roll the dice you get 4, then you pay €4. It's that simple!



10% surcharge for terrace



# ALLERGEN MANUAL

## FAQ

WE LOVE  
HEALTHY  
YOU

### \* OUR SAUCES!

G

**Gluten:** Our Goi Cuon Rolls have a Peanut Sauce with 0.3% gluten. Also our Goi Cuon Rolls with beef are previously marinated in a Citronella Sauce that has gluten. If you are a celiac we cannot guarantee that our dishes are 100% gluten free, they may contain traces of gluten. For celiacs with a low intolerance level, our dishes can be adapted.

P

**Peanuts:** Our Hoisin and Satay Sauce contain Peanuts. Dishes such as Curry's or our Bun Noodle Bowls contain peanuts but can be adapted. Please notify a member of staff if necessary.

FS

**Fish Sauce:** Most of our non-vegan dishes contain a fish-based sauce called Nuoc Cham. Our Salad, Curry and Bun Noodles contain fish sauce. Let us know if you are allergic.



#### WHICH DISHES DO NOT HAVE A VEGAN OPTION\*?

The broth used in our PHO SOUPS is beef based and there isn't a vegetable broth option. NEM RAN's are stuffed with beef and the beef is marinated in a fish sauce and cannot be changed. However, when choosing a vegan dish option, it's preparation changes so that it doesn't contain any animal based food.



#### WHICH DISHES CONTAIN EGG/MAYONNAISE?

Our Pulled Pork BUN BAO BURGER contains a mayonnaise/egg sauce, but for the vegan option, this is replaced with a vegan sauce. Our FRIED SQUID also come with mayonnaise/egg based sauce, but this can also be substituted for a vegan sauce option. Our DUMPLING SOUP or our PORK/EDAMAME GYOZAS contain eggs.

Our CHOCOLATE COULANT is egg-based and has no substitution.



#### WHICH DISHES WITH GLUTEN CAN BE ADAPTED FOR INTOLERANTS AND WHICH CAN'T?

##### ADAPTABLE DISHES:

Our beef GOI CUON is marinated with citronella sauce and may contain traces of gluten. It's accompanying Hoisin peanut sauce may also contain gluten. We recommend changing the sauce for a gluten-free and choosing a protein option like Prawns or Tofu. As for the PHO HO CHI MINH soup, this option has a Hoisin Sauce with traces of gluten. It is recommended to change it for a Pho Ga soup with chicken or for a Pho Classic, which are adapted for intolerants. Our BUN NOODLE BOWL and its proteins Tofu, Beef or Nem Ran contain traces of gluten, but the Heura or Chicken options are adapted for gluten intolerants with a Satay Sauce.

##### NON ADAPTABLE DISHES:

Our CHOCOLATE COULANT is flour-based and has no substitution. The CAULIFLOWER is coated with flour and contains a barbecue sauce that has no substitution. The CHICKEN WINGS are previously caramelized and served with an asian sauce that has no substitution. GYOZAS OR DUMPLIGS are flour-based and have no substitutes. The BUN BAO BURGERS are prepared with Bao Bread which contains gluten. It also has no substitute.





# ALLERGEN STATEMENT



## SALADS

- Ceviche Vietnam
- Goi Xoai Mango Salad Tofu
- Goi Xoai Mango Salad Prawns
- Goi Xoai Mango Salad Chicken

## ROLLS

- Nem Ran Beef
- Vietnamese Sushi
- Summer Roll
- Goi Cuon Prawns
- Goi Cuon Beef
- Goi Cuon Tofu

## MAINS

- Pho Bo Classic
- Pho Bo Ga
- Pho Bo Ho Chi Minh
- Bun Noodles Beef
- Bun Noodles Chicken Satay
- Bun Noodles Nem Ran
- Bun Noodles Tofu
- Bun Noodles Heura
- Bun Bao Burger Pulled Pork
- Bun Bao Burger Heura
- Curry Chicken
- Curry Tofu
- Curry Prawns
- Curry Heura
- Coco Galangal Tofu Balls

## DESSERTS

- Che Chuoi
- Pannacotta
- Chocolate Coulant

## STARTERS

- Caramelized Chicken Wings
- Edamame
- Satay Skewers Chicken
- Cauliflower
- Fried Squids
- Dumpling Soup
- Gyoza Vietnam Pork
- Gyoza Vietnam Edamame
- Yucca Cassava Fries
- Rice

	Gluten	Crustaceans	Eggs	Fish Sauce	Peanuts	Soy	Milk	Nuts	Celery	Mustard	Sesame	SO2 (Sulfites)	Lupins	Mollusks	Mayonnaise
Ceviche Vietnam		○		○		●						●			
Goi Xoai Mango Salad Tofu		○				●					●	●			
Goi Xoai Mango Salad Prawns		○		○	●							●			
Goi Xoai Mango Salad Chicken				○								●			
Nem Ran Beef				○								●			
Vietnamese Sushi						●						●			
Summer Roll						●						●			
Goi Cuon Prawns	●	○			●	●						●			
Goi Cuon Beef	●			○	●	●						●		○	
Goi Cuon Tofu	●				●	●						●			
Pho Bo Classic				○					●						
Pho Bo Ga				○					●						
Pho Bo Ho Chi Minh	●			○		●			●			●			
Bun Noodles Beef	●			○	●	●						●		○	
Bun Noodles Chicken Satay				○	●							●			
Bun Noodles Nem Ran				○	●							●			
Bun Noodles Tofu	●			○	●	●						●			
Bun Noodles Heura					●	●						●			
Bun Bao Burger Pulled Pork	●		○	○	●	●						●		○	○
Bun Bao Burger Heura	●				●	●						●			
Curry Chicken				○	●	●						●			
Curry Tofu					●	●						●			
Curry Prawns					●	●						●			
Curry Heura					●	●						●			
Coco Galangal Tofu Balls					●							●			
Che Chuoi												●			
Pannacotta												●			
Chocolate Coulant			○									●			
Caramelized Chicken Wings	●					●						●			
Edamame						●						●			
Satay Skewers Chicken					●							●			
Cauliflower	●					●						●			
Fried Squids	●	○	○			●						●			○
Dumpling Soup	●	○	○	○		●			●			●			
Gyoza Vietnam Pork	●	○	○	○		●						●			
Gyoza Vietnam Edamame	●	○	○			●						●			
Yucca Cassava Fries												●			
Rice												●			



# LaVietnamita®

## Thanks for your visit!

We hope you had a great experience  
and look forward to seeing you again  
soon!



### EAT GOOD FEEL GOOD

[WWW.LAVIETNAMITA.COM](http://WWW.LAVIETNAMITA.COM)



## Follow & Make us Viral! @LAVIETBCN

Share your Vietnamese experience with a Reel or a Story.  
Tag us and win a Starter!



## Bookings and events:

We would love to make your employees feel GOOD.  
If you have an upcoming event, birthday or team building  
and you want to do something different, like learn how to  
prepare rolls with your team, do not hesitate to contact us :)

Viet Team Building

Gift Cards



Events

Vietnamese Kitchen Workshops



Birthdays

Catering



Business Inquiries: [info@lavietnamita.com](mailto:info@lavietnamita.com)



**BORNE:** C/ COMERÇ, 17  
**GRACIA:** C/ TORRENT DE L'OLLA, 78

Uber  
Eats

